BLUEPRINT ALIGNMENT MAP

AIT ACADEMY

NAB 2026 CORE

Exam Blueprint

How every AIT Academy question maps to the official exam — domain by domain.

by Josiah Marx · Licensed Nursing Home Administrator · California

The short version

NAB does not approve or endorse third-party prep programs — no honest company can claim otherwise. What AIT Academy does is build directly on NAB's official published 2026 blueprint:

Our full-length practice exams mirror the blueprint's nine domains question-for-question, in the exact official weighting.

100
scored items on the exam

9
domains of practice

200
practice questions mirrored to blueprint

DOMAIN-BY-DOMAIN

Official weight × AIT Academy coverage

Official counts: NAB 2026 CORE Examination Content Blueprint (100 scored items). AIT counts: verified question-by-question from our bank.

DOMAIN	NAB OFFICIAL	AIT PRACTICE	FOCUS AREAS
1. Quality of Care	15	15	Medical & nursing practices, medication management, ADLs, care
2. Regulatory Compliance	13	13	OSHA, mandatory reporting, HIPAA/HITECH, records requirements
3. Leadership	13	13	Organizational behavior, leadership principles, governance
4. Quality of Life	12	12	Person-centered care, psychosocial needs, grievances, ad
5. Financial Management	10	10	Budgeting, financial analysis, revenue cycle, reimbursement
6. Organizational Strategy	10	10	Strategic planning, business analytics, partnerships
7. Risk Management	9	9	Resident safety, compliance programs, QAPI, emergency preparedness
8. Human Resources	9	9	HR law, hiring, compensation, training, labor relations
9. Care Setting	9	9	Life safety, environment, infection control, security

EXACT MIRROR

Every practice exam matches the official weighting question-for-question. When NAB weights Quality of Care at 15%, our exams weight it at 15%. Study time goes where the points are. Covers Practice Exam 1, Practice Exam 2, and the NHA LOS mock (75 questions, LOS blueprint).

VISUAL COMPARISON

Official blueprint vs. AIT Academy

Questions per domain — official NAB weighting (blue) against AIT Academy practice exams (gold).



Beyond the questions

200 flashcards tagged to all nine domains for rapid-fire drill
41-page NAB Study Guide, 17-page Strategy Guide, Rapid Review sheets — organized by domain

METHODOLOGY

How this map was built

Source of truth

NAB's official 2026 CORE Examination Content Blueprint (Domains of Practice), the public document NAB publishes for candidates. Question counts above are NAB's published scored-item counts, which sum to the 100 scored items on the exam.

How we mirror it

Each AIT Academy full-length practice exam contains 100 questions distributed across the nine domains in the exact official counts (15/13/13/12/10/10/9/9/9). Distribution was verified question-by-question from our item bank — not estimated.

What "mirror" means

It means weighting, not copying. Every question is original, written to the style and rigor of the exam, with deep explanations that teach the why behind each answer. No NAB content is reproduced.

Independent, by design

AIT Academy is not affiliated with, endorsed by, or approved by NAB — and no third-party prep program can honestly claim to be. Alignment to the public blueprint is the strongest honest claim in this industry, and it's the one we make.

For your team

Share this map with curriculum reviewers or member organizations evaluating the program. The question bank, flashcards, and guides above are included in every AIT Academy tier.

Questions about the program?

josiahmarx@outlook.com · marxaitacademy.com
Cohort and organizational licensing available — training an AIT cohort starts at $12,000.